

# Stock Medications List

(revised November 22, 2018)

**Dear Parents:** In order to keep you well-informed about our healthcare procedures, this list is provided for your information. In signing the Parental Permission Form (p.1), you acknowledge that you have read this list and grant permission to Camp Caroline's staff to follow these guidelines when administering "over-the-counter" medications according to your camper's needs.

**Parental Permission Form can be signed and sent back without this list attached.**

<b>Purpose / Use</b>	<b>Name of Medication</b>	<b>Recommended Dosage</b>
Fever and Pain	Acetaminophen (Tylenol)	Per package directions
	Acetaminophen (Tylenol) Junior Chews	Per package directions
	Acetaminophen (Tylenol) Suspension	Per package directions
Fever and Pain	Ibuprofen (Advil)	Per package directions
	Ibuprofen (Advil) Junior (tabs and liquid)	Per package directions
Allergy	Cetirizine (Zyrtec)	Per package directions
	Diphenhydramine HCl (Benadryl)	Per package directions
	Diphenhydramine HCl Junior Chews (Benadryl Junior Chews)	Per package directions
	Diphenhydramine HCl Liquid (Benadryl Liquid)	Per package directions
Heartburn, upset stomach, nausea	Bismuth Subsalicylate Liquid (Pepto Bismol)	Per package directions
Diarrhea Relief	Dextrose Monohydrate (Gastrolyte Rehydration Salts)	Per package directions
Heartburn	Calcium Carbonate (Tums)	1 tab as required
Sore Throat	Cepacol Sore Throat Lozenges (Benzocaine, Menthol)	Per package directions
	Strepsils Sore Throat Lozenges (2,4-Dichlorobenzyl Alcohol, Amylmetacrest B.P.)	Per package directions
	Halls Lozenges (Menthol)	Per package directions
Colds	Dextromethorphan Hydrobromide, Phenylephrine Hydrochloride, Acetaminophen (Dayquil)	Per package directions
	Dextromethorphan Hydrobromide, Doxylamine Succinate, Pseudoephedrine HCl, Acetaminophen (Nyquil)	Per package directions
	Vitamin C	1 tab as required
Bites, stings, burns	Diphenhydramine Hydrochloride (Benadryl Cream)	Per package directions
Antibiotic cream for minor nicks, scratches, cuts	Bacitran Zinc & Polymyxin B Sulfate Ointment (Polysporin)	As required

